**Aniamaka, Benedicta Iziengbe**

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# OBJECTIVE

Seeking a role as a caregiver in an organization where I can pursue my employer’s goal for collective good through dedication and professionalism.

# CAREER PROFILE

Am a top-performing professional health caregiver with capabilities in Health Care Management. Diligent health care team member with skills and training to safely support patient and assist other team members. Client Service, offering over five (5) years of work experience in Hospitality, Health Care Management and Consulting sectors. An effective leader, communicator, and negotiator with expertise for handling patient including the less privilege/handicaps. Always ready to help with hygiene, feeding, mobility and cleaning needs. Work fast to stay ahead of patient work load. I am enthusiastic and dependable person with good communication and interpersonal skills.

**BIO- DATA:**

Sex: Female

Marital Status: Married

Nationality: Nigeria

# EMPLOYMENT RECORD

GRRS ECCLES MANCHESTER 2023-DATE

.Providing service users with daily care.

. Bathing, dressing, Feeding, mobility assistant, emotional support, laundry.

. Helping service user with shopping.

. Helping service users with hair care.

. Medication Administration etc

 LILLYROSE CARE GROUP LIMITED 2024-DATE

. Medication Administration

. Daily hygiene for service users

. Catheter care

. Food preparation, feeding and emotioal support

. Wash and dress service users

. Make service users feel comfortable

. Bed making

. Monitor service users conditions.

. Help service users move around

. Overall reassurance

## GOLDEN CROSS INFIRMARY 2021 till 2023 Care Giver (Managing Care)

* Ensure safe, secure living condition for service user reducing risk and enhancing their quality of living.
* Improved service user gaining lives through empathetic care, compassionate conversation, building trust and community socialisation.
* Aided service user everyday activities such as support in bathing and dressing, Feeding, ensuring constant safety from harm, abuse, neglect and effective care.
* Demonstrated consistent respect and privacy for care users, maintaining dignity irrespective of circumstance.
* Ensure safe, secure living condition for service users, reducing risk and enhancing quality of life.
* Providing information and support to the Hospital on clients during capitation
* Handling welcome forum, conducting health fair and interactive section
* Visiting partner healthcare providers to ensure quality service delivery to enrollees.
* Analysing a care user’s need and drawing up a focused support plan.
* Helping patients with everyday tasks such as meal preparation, writing a shopping list, going shopping or maintaining their housing tenancy.
* Helping them to access community facilities and be included in community groups.
* Understanding their communication needs and adapting communication to each individual

e.g. sounds, tones, body language.

* Becoming both a role model and companion to the individual and uncovering shared interests, such as hobbies and outings.
* Maintaining the corporate image of the Hospital.
* Managing client base and prompt feedback.
* Timely and efficient dissemination of information
* Resolving issues with clients at all levels

## MUSKMELON GLOBAL LOGISTICS: Voluntary Care Assistant (2018 - 2021)

* Responsible for managing the health care and providing practical support for patient and families with disabilities.
* Worked with team in supporting and monitoring the healthcare needs of patient including temperature checks and administering medication.
* Help in providing emotional support to individuals and their families.
* Funding and supporting the underprivileged in learning new skills.
* Keeping confidential recording of patient file.
* Working with the humanitarian department in Teaching life skills, such as budgeting and paying bills.
* Helping them to access community facilities and be included in community groups.
* Working with a team of other professionals, such as doctors and therapists, to ensure consistency of support.
* Maintain effective and efficient service delivery to customers within the 24-hour turn-around time.
* Resolve customer complaints promptly, empathetically, and professionally.
* Collaborate with team members to achieve back-to-back excellent results.
* Risk assessment work and safety.
* Booking appointment with patient.
* Fostered positive relationship with patient and family.

**EDUCATION:**

Jan. 2007 – Dec. 2011 BSc Electronics and Communication Engineering

 All Nations University College

Koforidua, Ghana

# TRAININGS ATTENDED WITH DATE

## RECENT TRAINING with Florence Academy UK (August 2023)

* Oral Health and Dysphagia
* Moving and Handling Theory
* The CPD Certification Service Becoming a Care Assistant
* Understanding Learning Disabilities and Autistic Spectrum Disorder
* Safeguarding Children (Child Protection)
* Medication Administration
* Duty of Care
* Building Mental Health Resilience: Bitesize Learning
* Basic First Aid Awareness
* Basic Life Support (Theory)
* International English Language Testing System (British Council)

 GREYMATTER LEARNING AC EDUCATION 2024

. Stroke awareness

. Diabetes Essentials

. Dementia

. End of Life

. Medication Administration 1 & 2.

.COSHH

. Person-centred care

. Safeguarding Adults

. Handling information- GDPR & Data Protection.

. Catheter care

. Equality and diversity

. Lone walk

. Recording and Reporting

. Sensory awareness

. Infection prevention and control

. Food safety and Hygiene

. Deprivation of Liberty Safeguards (DoLS) Essentials

. Fire safety Awareness

. Moving and Handling people

**SKILLS**

* Personal care
* Medication administration
* Meal preparation
* House keeping
* Use of Hoist
* Clinical waste disposal
* Patient handling and positioning

# HOBBIES

* Reading- regularly read Motivational books
* Traveling- love traveling to exotic places and for business meetings
* Making friends/meeting people
* Caring for people

## REFEREES

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